

Welcome to The Parish of Holy Trinity St. Stephens

...☉... FEBRUARY 4 ...☉...

5TH SUNDAY

after

EPIPHANY



Eucharist #2

February 4th, 2024



"You shall love the Lord your God
with all your heart,
and with all your soul,
and with all your mind."
Matthew 22:37

Abba, I Adore You

words and music by: Stephen Pearson
2003 Psalmistry Music
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Verse 1

Abba, I adore You.

Come my Father.

My life is before You.

Come my Father. Creator God.

Mold me in Your love.

With Your love.

With Your love.

Verse 2

Jesus, I adore You.

Come my Savior.

My sin is before You.

Come my Savior. Redeemer God.

Save me in Your love.

With Your love.

With Your love.

Verse 3

Spirit, I adore You.

Come within me.

My soul is before You.

Spirit fill me! Sustainer God.

Breathe me with Your love.

With Your love.

With Your love.



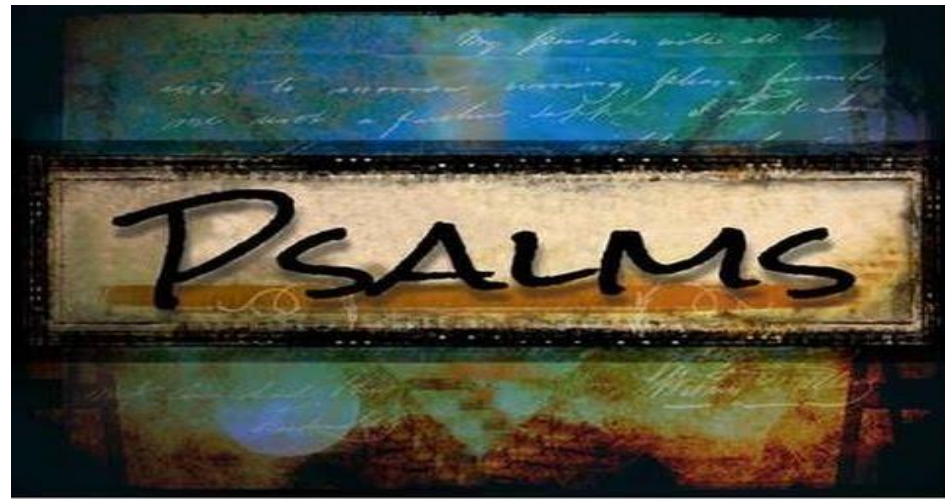


WELCOME
we're glad you are here

**Greetings and Announcements:
Rev. Rob Henderson**

Choir practice !!





Psalm 147 (George Black Psalter)

Refrain :

***“Praise the Lord who heals the
broken hearted.”***

Sister let me be your servant

Sister let me be your servant,

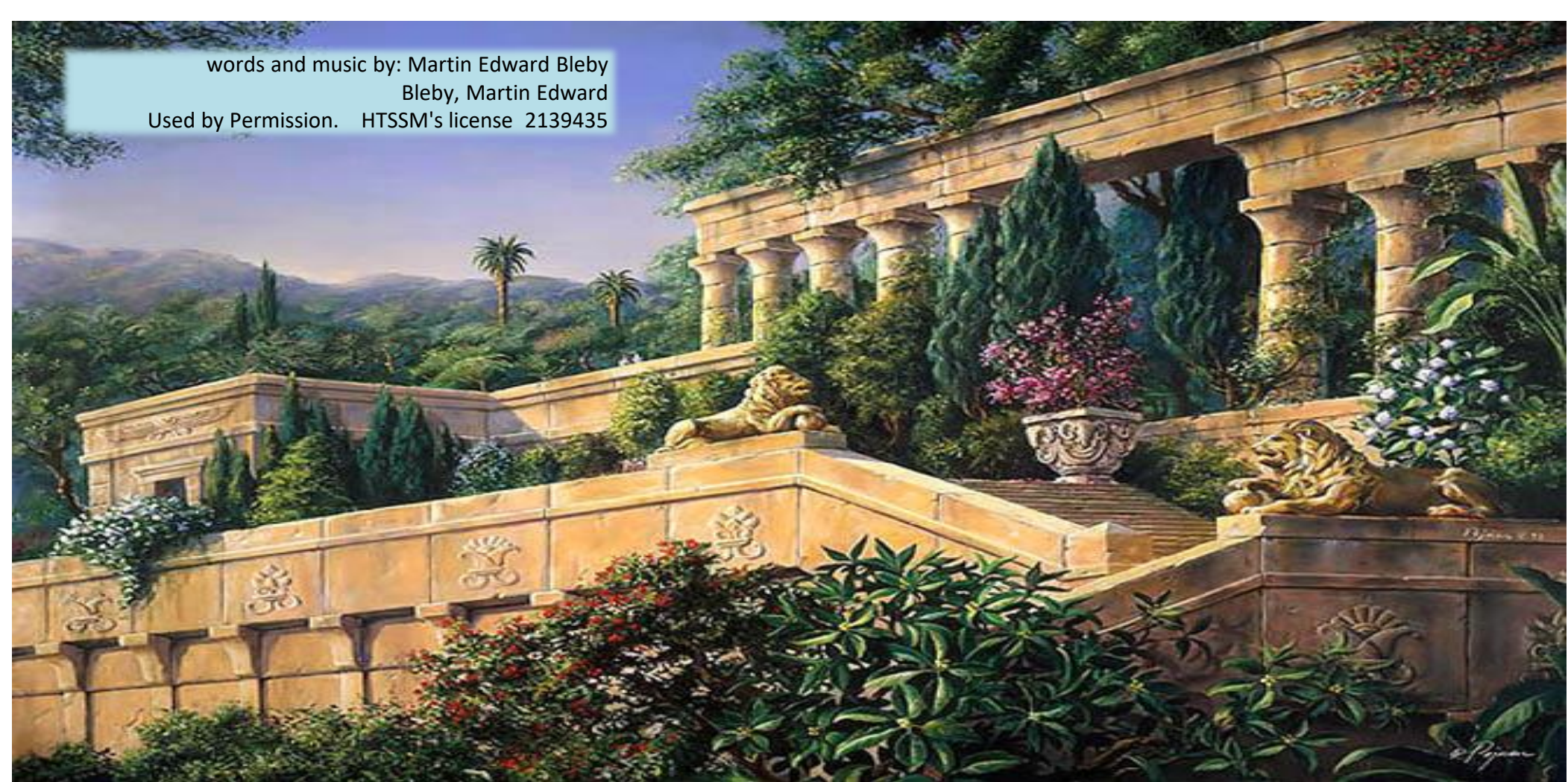
Let me be as Christ to you:

Pray that I may have the grace

To let you be my servant too.



words and music by: Martin Edward Bleby
Bleby, Martin Edward
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By The Rivers of Babylon

Chorus

**By the rivers of Babylon,
Where we sat down,
Yea we wept when we
remembered Zion.**

Chorus (repeat)

**By the rivers of Babylon,
Where we sat down,
Yea we wept when we
remembered Zion.**

Verse 1

“For the wicked”

Carried us away in captivity,

Required of us a song

How can we sing our holy song

In a strange land?

Verse 1 (Repeat)

“For the wicked”

Carried us away in captivity,

Required of us a song

How can we sing our holy song

In a strange land?

Bridge

**So let the words of our mouths
And the meditations of our hearts
Be acceptable in thy sight,
Oh God.**

Repeat

Chorus

**By the rivers of Babylon,
Where we sat down,
Yea we wept when we
remembered Zion.**

Chorus (repeat)

**By the rivers of Babylon,
Where we sat down,
Yea we wept when we
remembered Zion.**



THE GATHERING OF THE COMMUNITY

Celebrant:

**The grace of our Lord Jesus Christ,
And the love of God,
And the fellowship of the Holy Spirit,
Be with you all.**

***People:* And also with you.**

Celebrant: **Almighty God,**

People: **to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**



T O G O D
B E T H E
G L O R Y

Glory Be to the Father

Chorus

**Glory be to the Father,
Glory be to the Son,
Glory be to the Spirit,
All Glory to our God.**

Verse 1

We praise you, we bless you,

We give you thanks.

We praise you for your Glory.

We praise you, we bless you,

We worship you,

O Lord, our God!

Chorus

**Glory be to the Father,
Glory be to the Son,
Glory be to the Spirit,
All Glory to our God.**

Verse 2

**Lord Jesus Christ,
Only Son of God.
You are One with the Father,
Receive our prayer.**

Chorus

**Glory be to the Father,
Glory be to the Son,
Glory be to the Spirit,
All Glory to our God.**

Verse 3

**You alone are the holy One,
You alone are the Lord.
With the Holy Spirit,
in the glory of God.**

Chorus

**Glory be to the Father,
Glory be to the Son,
Glory be to the Spirit,
All Glory to our God.**

Tag

All Glory to our God.



We say together the Collect for today:

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind;

**through Jesus Christ our Lord,
who is alive and reigns with you
and the Holy Spirit, one God,
now and for ever.
Amen.**



THE READINGS

REVISED COMMON LECTIONARY
ANGLICAN CHURCH OF CANADA

The Proclamation of the Word



**A Reading from The First Letter Of
Paul To The Corinthians (9:16-23)**

1 Corinthians 9:16-23

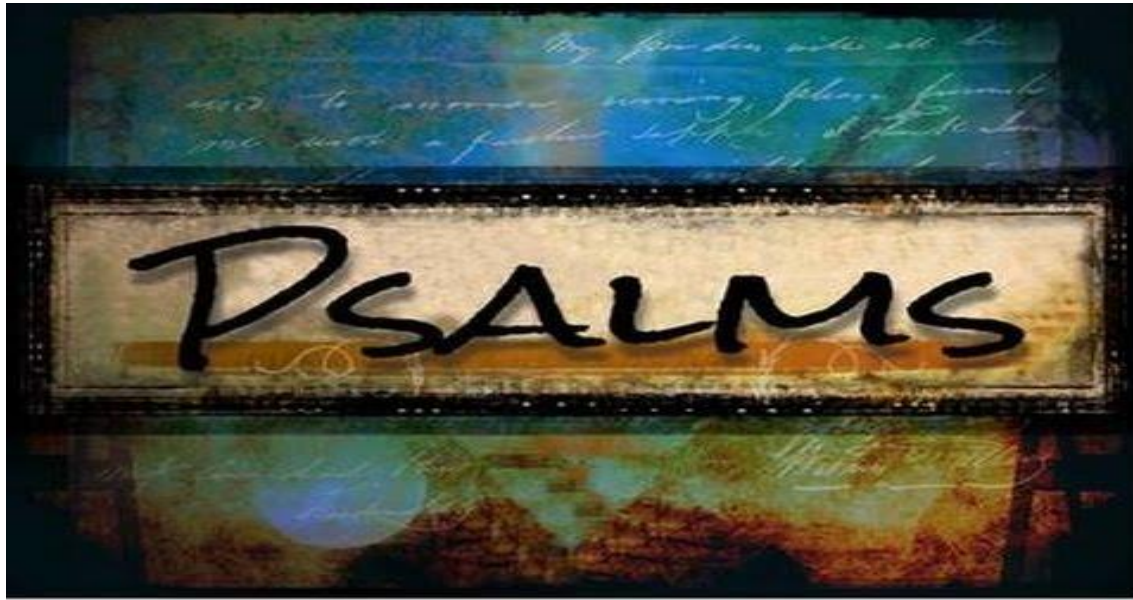
If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward?

Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them.

To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law.

To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak.

I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.



Psalm 147 (George Black Psalter)

Refrain :

***“Praise the Lord who heals the
broken hearted.”***

Verse 1

**How good it is to sing praises to our
God:**

**How pleasant it is to honour him
with praise:**

**The Lord rebuilds Jerusalem;
He gathers the exiles of Israel.**

***Praise the Lord who heals
the broken hearted.***

Verse 2

**He heals the broken hearted
And binds up their wounds.
He counts the number of the stars
And calls them all by their names.**

***Praise the Lord who heals
the broken hearted.***

Verse 3

**He covers the heavens with clouds
and prepares rain for the earth;
He makes grass to grow upon the
mountains
and green plants to serve mankind.**

***Praise the Lord who heals
the broken hearted.***

Verse 4

**Great is our God and mighty in
power.**

There is no limit to his wisdom

The Lord lifts up the lowly

Sing to the Lord with thanksgiving.

***Praise the Lord who heals
the broken hearted.***

The Gospel according to
Mark

"This is my Son, the Beloved; listen to him!"

Thy Word
"Thy word is a lamp
unto my feet, and a
light unto my path."

Psalm 119:105



Chorus

**Thy word is a lamp unto my feet
And a light unto my path.**

**Thy word is a lamp unto my feet
And a light unto my path.**

All stand for the Gospel

Reader: **The Lord be with you.**

People: **And also with you.**

Reader: **The Holy Gospel
of our Lord Jesus
Christ according to Mark.**

People: **Glory to you,
Lord Jesus Christ.**

Mark 1:21-28

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her,

and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons;

and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him,

**"Everyone is searching for you."
He answered, "Let us go on to the
neighboring towns, so that I may
proclaim the message there also; for
that is what I came out to do." And
he went throughout Galilee,
proclaiming the message in their
synagogues and casting out demons.**

Reader: **The Gospel of Christ.**

People: **Praise to you,
Lord Jesus Christ.**

Chorus

**Thy word is a lamp unto my feet
And a light unto my path.**

**Thy word is a lamp unto my feet
And a light unto my path.**

Homily
Rev. Rob Henderson



The Apostles' Creed

Celebrant: **Let us confess
the faith of our baptism,
as we say,**

People: **I BELIEVE in God,
the Father almighty,
creator of heaven and earth.**

**I BELIEVE in Jesus Christ,
his only Son, our Lord.
He was conceived
by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.**

**On the third day he rose again.
He ascended into heaven,
and is seated
at the right hand of the Father.
He will come again
to judge the living
and the dead.**

**I BELIEVE in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**



Prayers of the People

5th Sunday after Epiphany – Year B

Let us pray for the church and the world saying: Lord in your mercy,

Hear our prayer.

**We pray for God's church on earth.
For Todd our Bishop and for Gods
mission in the Diocese of Huron. For
all who serve here and wherever the
way of Jesus is proclaimed in love.
Lord in your mercy.**

Hear our prayer.

**We pray for Gods good creation, that
all peoples may respect its
resources, preserve its future and
enjoy its fruits in their season.
Lord in your mercy.**

Hear our prayer.

**We pray for leaders of the nations
especially for our leaders in Canada.
That they may act deliberately and
with compassion for the good of all.
Lord in your mercy.**

Hear our prayer.

We pray for peace, that the peoples of the world may live in safety and without fear, especially today remembering Ukraine, the Middle East and all places of conflict and war.

Lord in your mercy.

Hear our prayer.

We pray for the sick, the dying, and all those who care for and give comfort to them. We pray for those on our parish prayer list, especially today we hold up: *Jennifer A., Luke, Lucy, Edith, Jerry, and Carol.* Lord in your mercy.

Hear our prayer.

God of all the living, hear the prayers of your faithful people and grant our requests. Strengthen us for the tasks you give us and bring us at last to praise you forever with your saints, through Jesus Christ our Lord.

Amen.

Confession and Absolution

Celebrant: **Dear friends in Christ,
God is steadfast in love
and infinite in mercy;
God welcomes sinners
and invites them to this table.
Let us confess our sins,
confident in God's forgiveness.**

Celebrant: **Most merciful God,**

People: **we confess**

that we have sinned

**against you in thought, word,
and deed, by what we have done,
and by what we have left undone.**

**We have not loved you
with our whole heart;**

we have not loved

our neighbours as ourselves.

**We are truly sorry
and we humbly repent.
For the sake of your Son Jesus Christ,
Have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name.
Amen.**

Celebrant: **Almighty God**
 have mercy upon you,
pardon and deliver you
from all your sins,
confirm and strengthen you
in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

People: **Amen.**

PEACE
BE WITH
YOU



Celebrant: **The peace of the Lord
be always with you.**

People: **And also with you.**



Seek Ye First
Book Of Common Praise 458

*But seek ye first
the kingdom of God,
and his righteousness;*

Matthew 6:33

*and all these things
shall be added unto you.*

Verse 1

**Seek ye first the kingdom of God
And God's righteousness,
And all these things
Shall be added unto you.
Allelu, Alleluia.**

Refrain

**Alleluia, Alleluia,
Alleluia, Allelu, Alleluia**

Verse 2

**Man Shall not live by bread alone;
But by every word
That proceeds
from the mouth of God
Allelu, Alleluia.**

Refrain

**Alleluia, Alleluia,
Alleluia, Allelu, Alleluia**

Verse 3

**Ask and it shall be given unto you;
Seek and you shall find;
Knock and the door
Shall be opened unto you.
Allelu, Alleluia.**

Refrain

**Alleluia, Alleluia,
Alleluia, Allelu, Alleluia**



Receiving the gifts of money and other gifts for the needs and responsibilities of the Church.





Altar Flowers

The flowers for the Altar today
are given to the Glory of God by
Berend & Judi Schieven
in memory of brother, John Harris
and mother, Deirdre Harris.

Prayer Over The Gifts

**God of compassion and forgiveness,
receive our offering this day, and
make us one with him who is our
peace, Jesus Christ our Saviour.**

Amen.



Eucharistic Prayer # 2

Celebrant: **The Lord be with you.**

People: **And also with you.**

Celebrant: **Lift up your hearts.**

People: **We lift them to the Lord.**

Celebrant: **Let us give thanks
to the Lord our God.**

People: **It is right to give our
thanks and praise.**

Celebrant: **We give you thanks and
praise,
almighty God,
through your beloved Son,
Jesus Christ,
our Saviour and Redeemer.
He is your living Word,
through whom
you have created all things.**

**By the power of the Holy Spirit
he took flesh of the Virgin Mary
and shared our human nature.
He lived and died as one of us,
to reconcile us to you,
the God and Father of all.**

**In fulfilment of your will
he stretched out his hands
in suffering,
to bring release to those
who place their hope in you;
and so
he won for you a holy people.**

**He chose to bear
our griefs and sorrows,
and to give up his life on the cross,
that he might shatter
the chains of evil and death,
and banish the darkness
of sin and despair.**

**By his resurrection
he brings us
into the light of your presence.**

**Now with all creation
we raise our voices
to proclaim the glory of your name.**

Holy, Holy, Holy (Dufford)

Holy, Holy, Holy Lord.

God of Power and Might

Heaven and Earth are full of your Glory.

Hosanna, Hosanna on high.

Blessed is the one who comes

in the name of the Lord

Hosanna in the Highest,

Hosanna in the Highest,

Hosanna, Hosanna on High.

**Holy and gracious God,
accept our praise,
through your Son our Saviour
Jesus Christ;
who on the night
he was handed over
to suffering and death,**

**took bread and
gave you thanks, saying,
“Take, and eat:
this is my body
which is broken for you.”**

**In the same way he took the cup,
saying,**

**“This is my blood
which is shed for you.**

**When you do this,
you do it in memory of me.”**

**Remembering, therefore,
his death and resurrection,
we offer you this bread and this
cup, giving thanks that you have
made us worthy to stand in your
presence and serve you.
We ask you to send your Holy Spirit
upon the offering of your holy
Church.**

**Gather into one all who share
in these sacred mysteries,
filling them with the Holy Spirit
and confirming their faith in the
truth, that together we may praise
you and give you glory
through your Servant,
Jesus Christ.**

**All glory and honour are yours,
Father and Son,
with the Holy Spirit
in the holy Church,
now and for ever.**

People: **Amen.**

The Lord's Prayer

Our
Father
in
Heaven



The Lord's Prayer (Landry)

Cantor: Let us pray to God our Father in the way
Jesus taught us to pray:

All: **Our Father, who art in heaven,
hallowed be Thy name,
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.**

**And forgive us our trespasses,
as we forgive
those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For Yours is the kingdom,
And the power,
and the glory,
Now and for ever.**



Breaking of The Bread #1

Celebrant: **“I am the bread of life,”
says the Lord.**

**“Whoever comes to me
will never be hungry;
whoever believes in me
will never thirst.”**



People: **Taste and see that the
Lord is good; happy are they
who trust in him!**

A still life arrangement of bread, grapes, and a chalice on a wooden surface. The scene includes several round loaves of bread, a bunch of green grapes, and a golden chalice filled with a dark liquid. In the background, there are stalks of wheat and green leaves. The overall composition is warm and rustic, symbolizing the gifts of God.

**The gifts of God for the
People of God.**

People: **Thanks be to God.**

*Lamb
of
God*



Verse 1

Cantor: **Lamb of God,
You take away
the sins of the World,
have mercy on us.**

All: **Lamb of God,
You take away
the sins of the World,
have mercy on us.**

Verse 2

Cantor: **Lamb of God,
You take away
the sins of the World,
have mercy on us.**

All: **Lamb of God,
You take away
the sins of the World,
have mercy on us.**

Verse 3

Cantor: **Lamb of God,
You take away
the sins of the World,
grant us peace.**

All: **Lamb of God,
You take away
the sins of the World,
grant us peace.**



COME
Gather
AT OUR TABLE

**ALL ARE WELCOME AT THE TABLE,
IT IS JESUS WHO INVITES YOU.**

**Please allow personal distance when
approaching to receive the sacrament.**

**If you do not wish to receive the wafer,
please cross your arms in front of your
chest to receive God's blessing.**

Gluten free wafers are available.

Communion Hymn





*Sister, Let Me Be
Your Servant*
Book of Common Praise 500

Verse 1

**Sister let me be your servant,
Let me be as Christ to you:
Pray that I may have the grace
To let you be my servant too.**

Verse 2

**We are pilgrims on a journey,
Fellow travellers on the road;
We are here to help each other
Walk the mile and bear the load.**

Verse 3

**I will hold the Christ light for you
In the nighttime of your fear;
I will hold my hand out to you,
Speak the peace you long to hear.**

Verse 4

**I will weep when you are weeping;
When you laugh I'll laugh with you.
I will share your joy and sorrow
Till we've seen this journey through.**

Verse 5

**When we sing to God in heaven,
We shall find such harmony,
Born of all we've known together
Of Christ's love and agony.**

Verse 6

**Brother let me be your servant,
Let me be as Christ to you:
Pray that I may have the grace
To let you be my servant too.**



We Say Together the Prayer After Communion:

**Eternal God, in you we find peace
beyond all telling. May we who share
in this heavenly banquet be
instruments of your peace on earth,
in the name of Jesus Christ the Lord.
Amen.**

The Doxology

Celebrant: **Glory to God,**

People: **whose power, working in us,
can do infinitely more than
we can ask or imagine.**

**Glory to God from
generation to generation,
in the Church and in
Christ Jesus, for ever and ever.
Amen.**



**THE
BLESSING**



Praise, My Soul
Book of Common Praise 381

Verse 1

**Praise, my soul, the King of heaven:
To his feet your tribute bring;
Ransomed, healed, restored,
forgiven,
Evermore his praises sing.
Alleluia, alleluia,
Praise the everlasting King.**

Verse 2

**Praise him for his grace and favour
To our forebears in distress;
Praise him, still the same forever,
Slow to chide and swift to bless;
Alleluia, alleluia,
Glorious in his faithfulness.**

Verse 3

**Father-like he tends and spares us;
Well our feeble frame he knows;
In his hands he gently bears us,
Rescues us from all our foes:
Alleluia, alleluia,
Widely as his mercy flows.**

Verse 4

**Frail as summer's flower we flourish;
Blows the wind and it is gone;
But, while mortals rise and perish,
God endures unchanging on:
Alleluia, alleluia,
Praise the high eternal one.**

Verse 5

**Angels, help us to adore him;
You behold him face to face;
Sun and moon bow down before him,
Dwellers all in time and space.
Alleluia, alleluia,
Praise with us the God of grace.**



The Dismissal



Be Not Afraid

"Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid." John 14:27

words and music by: Robert J. Dufford
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Verse 1

**You shall cross the barren desert,
But you shall not die of thirst.
You shall wander far in safety
Though you do not know the way.
You shall speak your words in foreign
Lands and all will understand.
You shall see the face of God and live.**

Chorus

**Be not afraid.
I go before you always.
Come follow me,
And I will give you rest.**

Verse 2

If you pass through raging waters

In the sea, you shall not drown.

If you walk amid the burning flames,

You shall not be harmed.

If you stand before the power of hell

And death is at your side, know that

I am with you through it all.

Chorus

**Be not afraid.
I go before you always.
Come follow me,
And I will give you rest.**

Verse 3

Blessed are your poor,

For the kingdom shall be theirs.

Blessed are you that weep and mourn,

For one day you shall laugh.

And if wicked men insult and hate you

all because of me, blessed, blessed

are you!

Chorus

Be not afraid.

I go before you always.

Come follow me,

And I will give you rest.

Come follow me,

And I will give you rest.



Thank you for worshipping with us!

GREAT IS
OUR LORD
& MIGHTY
IN POWER;

*His understanding
has no limit.*

PSALM 147:5

