

The Parish of Holy Trinity St. Stephens Anglican Memorial Church

Welcomes Musical Guests:

**Winter Wheat,
The Nikkel Family**

3rd Sunday of Lent, March 12th 2023

*You Are
My All
in All*



Verse 1

You my strength when I am weak

You are the treasure that I seek.

You are my all in all.

Seeking you as a precious jewel,

Lord to give up I'd be a fool.

You are my all in all.

Chorus

**Jesus, Lamb of God worthy is your name.
Jesus, Lamb of God worthy is your name.**

Verse 2

Taking my sin, my cross my shame

Rising again I bless Your name

You are my all in all.

When I fall down You pick me up

When I am dry you fill my cup

You are my all in all.

Chorus

**Jesus, Lamb of God worthy is your name.
Jesus, Lamb of God worthy is your name.**

(Repeat)



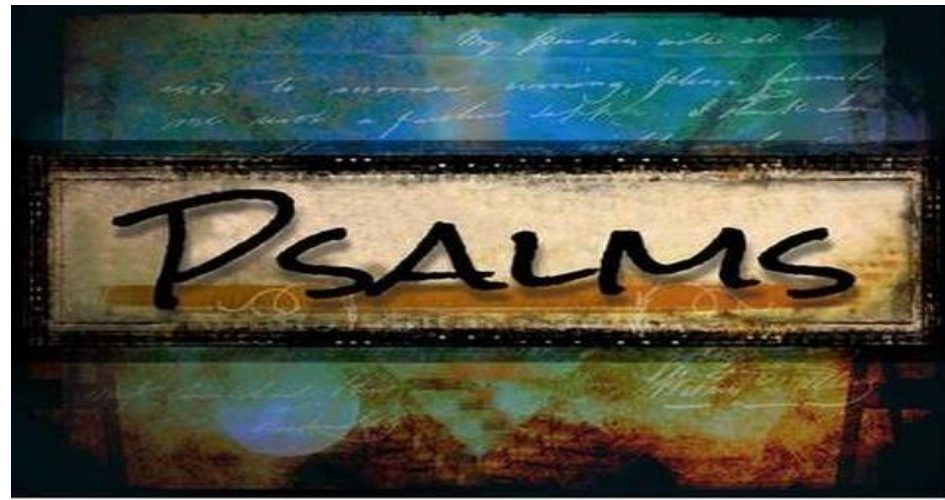
Welcome

WE ARE SO GLAD TO SEE YOU

Announcements: Rev. Rob Henderson

Choir practice !!





Psalm 95 (George Black)

Refrain:

***“The Lord is King!
Let the earth rejoice.”***

Tree of Life And Awesome Mystery

**We remember truth once spoken,
Love passed on through act and word;
Every person lost and broken
Wears the body of our Lord,
Wears the body of our Lord.**



Be Thou My Vision

A wide-angle photograph of a rugged coastline. In the foreground, there are dark, rocky cliffs covered in patches of green grass. The cliffs drop down to a dark grey beach where white waves are crashing. In the background, there are rolling green hills and mountains under a cloudy sky.

Book of Common Praise 505

Verse 1

**Be thou my vision,
O Lord of my heart;
Naught be all else to me,
Save that thou art
Thou my best thought,
By day or by night,
Waking or sleeping,
Thy presence my light.**

Verse 2

**Be thou my wisdom,
And thou my true word;
I ever with thee
And thou with me, Lord;
Thou my great Father;
Thine own may I be,
Thou in me dwelling,
And I one with thee.**

Verse 3

**Riches I heed not,
Nor the world's empty praise;
Thou mine inheritance,
Now and always:
Thou and thou only,
First in my heart,
High King of heaven,
My treasure thou art.**

Verse 4

**High King of heaven,
When victory is won,
May I reach heaven's joys,
Bright heaven's Sun!
Heart of my own heart,
Whatever befall,
Still be my vision,
O Ruler of all.**



THE GATHERING OF THE COMMUNITY

Celebrant:

**The grace of our Lord Jesus Christ,
And the love of God,
And the fellowship of the Holy Spirit,
Be with you all.**

***People:* And also with you.**

Celebrant: **Almighty God,**

People: **to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**



Trisagion – Hymn #707

Trisagion (said 3 times)

**Holy God,
holy and mighty,
holy immortal one,
have mercy upon us.**

Repeat twice

We say together the Collect for today:

**Almighty God,
whose Son Jesus Christ gives the
water of eternal life,
may we always thirst for you,
the spring of life and source of
goodness;**

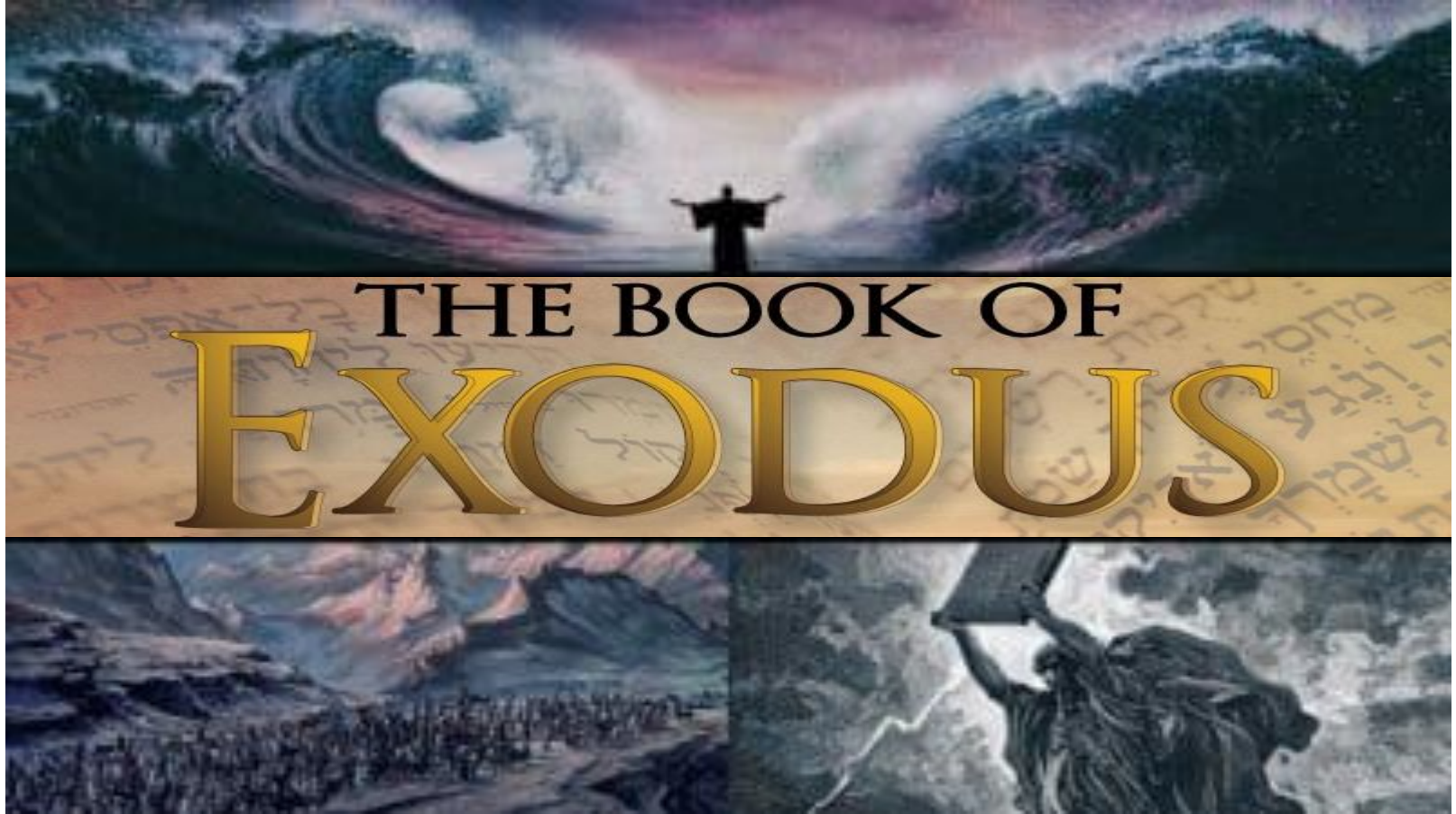
**through him who lives and reigns
with you and the Holy Spirit,
one God, now and for ever.
Amen.**



THE READINGS

REVISED COMMON LECTIONARY
ANGLICAN CHURCH OF CANADA

***The
Proclamation
of the Word***



**A Reading from the Book of
Exodus (17:1-7)**

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink."

Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?"

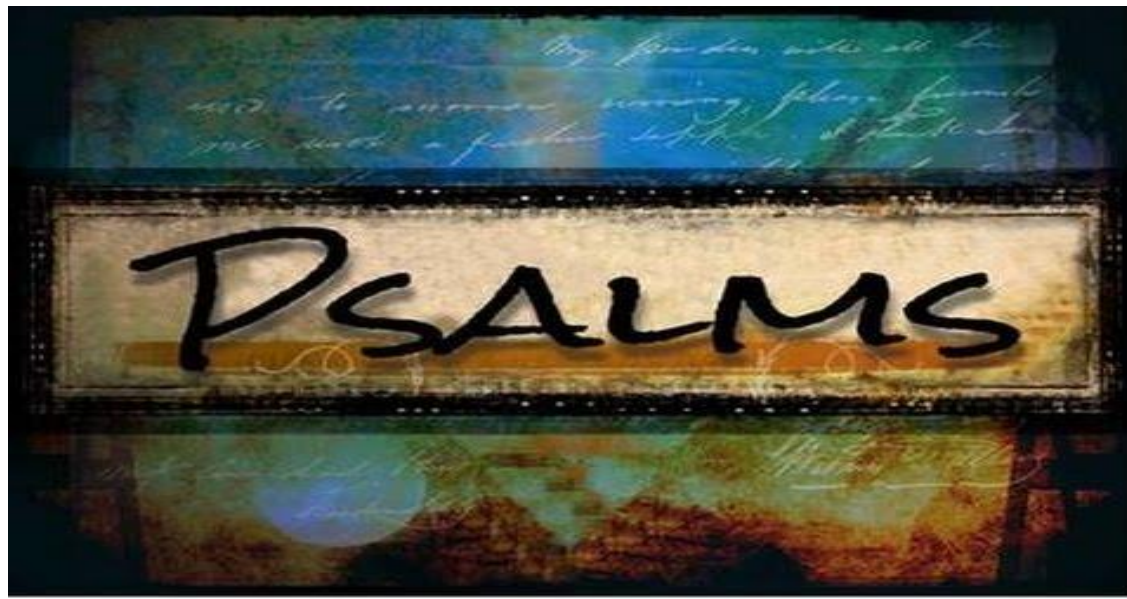
**So Moses cried out to the LORD,
"What shall I do with this people?
They are almost ready to stone me."
The LORD said to Moses, "Go on
ahead of the people, and take some of
the elders of Israel with you; take in
your hand the staff with which you
struck the Nile, and go.**

I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Exodus 17:1-7-4/4 end

Reader: **The word of the Lord.**

People: **Thanks be to God.**



Psalm 95 (George Black)

Refrain:

***“The Lord is King!
Let the earth rejoice.”***

Psalm 95 (George Black)

**Come, let us sing to the Lord;
let us shout for joy to the rock of our
salvation.**

**Let us come before his presence
with thanksgiving and raise a loud
shout to him with psalms.**

The Lord is King! Let the earth rejoice.

Psalm 95 (George Black)

**For the Lord is a great God,
and a great king above all gods.
In his hand are the caverns of the
earth, and the heights of the hills
are his also.**

**The seas is his, for he made it, and
his hands have moulded the dry
land.**

The Lord is King! Let the earth rejoice.

Psalm 95 (George Black)

**Come, let us bow down, and bend the
knee, and kneel before the Lord our
Maker.**

**For he is our God, and we are the
people of his pasture and the sheep
of his hand.**

**Oh, that today you would hearken to
his voice.**

The Lord is King! Let the earth rejoice.

Psalm 95 (George Black)

**Harden not your hearts, as your
forebears did in the wilderness,
at Meribah, and on that day at
Massah, when they tempted me.
They put me to the test,
though they had seen my works.**

The Lord is King! Let the earth rejoice.

Psalm 95 (George Black)

**Forty years long I detested that
generation and said,
"This people are wayward in their
hearts; they do not know my ways."
So I swore in my wrath,
"They shall not enter into my rest."**

The Lord is King! Let the earth rejoice.

The Holy Gospel of our Lord Jesus Christ



THE
GOSPEL *of* JOHN

THAT YOU MAY BELIEVE

Praise to You, Lord Jesus Christ

*What
Wondrous
Love Is
This
Book of
Common Praise
400*



Verse 1

What wondrous love is this,

O my soul, O my soul!

What wondrous love is this, O my soul!

What wondrous love is this

That caused the Lord of bliss

To bear the dreadful curse

For my soul, for my soul,

To bear the dreadful curse for my soul!

Verse 2

**When I was sinking down,
Sinking down, sinking down,
When I was sinking down, sinking down,
When I was sinking down
Beneath God's righteous frown,
Christ laid aside his crown
For my soul, for my soul,
Christ laid aside his crown for my soul.**

All stand for the Gospel

Reader: **The Lord be with you.**

People: **And also with you.**

Reader: **The Holy Gospel
of our Lord Jesus
Christ according to John**

People: **Glory to you,
Lord Jesus Christ.**

John 4:5-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink."

(His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?"

(Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,'

you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her,

"Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband."

Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet.

Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know;

we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him,

"I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or,

"Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something."

But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'?"

But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor.

Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days.

And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Reader: **The Gospel of Christ.**

People: **Praise to you,
Lord Jesus Christ.**

Verse 3

To God and to the Lamb

I will sing, I will sing;

To God and to the Lamb I will sing;

To God and to the Lamb,

Who is the great I AM,

While millions join the theme,

I will sing, I will sing,

While millions join the theme, I will sing.

Verse 4

**And when from death I'm free,
I'll sing on, I'll sing on;
When from death I'm free, I'll sing on;
And when from death I'm free,
I'll sing his love for me,
And through eternity
I'll sing on, I'll sing on;
And through eternity I'll sing on.**



Homily Rev. Rob Henderson



Prayers of the People

Third Sunday in Lent – Year A

**In this holy season, let us turn to
God in prayer saying:**

Hear Our Prayer.

**For the holy people of God; that we
may heed the God who calls us to
repentance in the events of our lives.
Let us pray to the Lord.**

Hear Our Prayer.

For this nation and all nations of the world especially remembering Ukraine and all who seek refuge from war, may we live in harmony and peace.

Let us pray to the Lord.

Hear Our Prayer.

For those who thirst in body or in spirit, that God may come to rescue them and give them living water. Let us pray to the Lord.

Hear Our Prayer.

For this community, that during this holy season God's grace may produce in us the fruit God seeks. May we be mindful of the guidance of the Spirit as we discern our path forward as Jesus' disciples. Let us pray to the Lord.

Hear Our Prayer.

For our own needs and those of others, especially those on our parish prayer list as we hold up today: *Yvonne Hutson, Leona, Junia, Gloria, Joanie T., and Bob.* Let us pray to the Lord.

Hear Our Prayer.

**God; ever faithful and true;
from of old you have revealed
yourself as one who will be with
your people to save them.
Be with us in these times of need
now and always.
We ask this through Christ our Lord.**

Amen.

Confession and Absolution

Celebrant: **Dear friends in Christ,
God is steadfast in love
and infinite in mercy;
God welcomes sinners
and invites them to this table.
Let us confess our sins,
confident in God's forgiveness.**

Celebrant: **Most merciful God,**

People: **we confess**

that we have sinned

**against you in thought, word,
and deed, by what we have done,
and by what we have left undone.**

**We have not loved you
with our whole heart;**

we have not loved

our neighbours as ourselves.

**We are truly sorry
and we humbly repent.
For the sake of your Son Jesus Christ,
Have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name.
Amen.**

Celebrant: **Almighty God**
 have mercy upon you,
pardon and deliver you
from all your sins,
confirm and strengthen you
in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

People: **Amen.**



Celebrant: **The peace of the Lord
be always with you.**

People: **And also with you.**



*Peace is
Flowing
Like A
River*

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Verse 1

**Peace is flowing like a river,
Flowing out of you and me.
Flowing out into the desert.
Setting all the captives free**

Verse 2

**His love is flowing like a river,
Flowing out of you and me.
Flowing out into the desert.
Setting all the captives free**

Verse 3

**His healing's flowing like a river
Flowing out of you and me.
Flowing out into the desert.
Setting all the captives free**

**Receiving the
gifts of money
and other gifts
for the needs
and
responsibilities
of the Church.**

Lenten
Offerings





Altar Flowers

The flowers for the Altar today
are given to the Glory of God by
Al and Yvonne Graystone
in memory of Loved Ones.

Prayer Over The Gifts

Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord.

Amen.



Eucharistic
Prayer
#2

Celebrant: **The Lord be with you.**

People: **And also with you.**

Celebrant: **Lift up your hearts.**

People: **We lift them to the Lord.**

Celebrant: **Let us give thanks
to the Lord our God.**

People: **It is right to give our
thanks and praise.**

Celebrant: **We give you thanks and
praise,
almighty God,
through your beloved Son,
Jesus Christ,
our Saviour and Redeemer.
He is your living Word,
through whom
you have created all things.**

**By the power of the Holy Spirit
he took flesh of the Virgin Mary
and shared our human nature.
He lived and died as one of us,
to reconcile us to you,
the God and Father of all.**

**In fulfilment of your will
he stretched out his hands
in suffering,
to bring release to those
who place their hope in you;
and so
he won for you a holy people.**

**He chose to bear
our griefs and sorrows,
and to give up his life on the cross,
that he might shatter
the chains of evil and death,
and banish the darkness
of sin and despair.**

**By his resurrection
he brings us
into the light of your presence.**

**Now with all creation
we raise our voices
to proclaim the glory of your name.**

Hymn 722 Holy Holy Holy (Eucharist)

**Holy, Holy Holy,
Lord God of power and might,
heaven and earth are full,
full of your glory
Hosanna, Hosanna, Hosanna,
Hosanna in the highest,
Blessed is the One who comes
in the name of the Lord,
Hosanna, Hosanna, Hosanna
Hosanna in the highest.**

**Holy and gracious God,
accept our praise,
through your Son our Saviour
Jesus Christ;
who on the night
he was handed over
to suffering and death,**

**took bread and
gave you thanks, saying,
“Take, and eat:
this is my body
which is broken for you.”**

**In the same way he took the cup,
saying,**

**“This is my blood
which is shed for you.**


**When you do this,
you do it in memory of me.”**

**Remembering, therefore,
his death and resurrection,
we offer you this bread and this
cup, giving thanks that you have
made us worthy to stand in your
presence and serve you.
We ask you to send your Holy Spirit
upon the offering of your holy
Church.**

**Gather into one all who share
in these sacred mysteries,
filling them with the Holy Spirit
and confirming their faith in the
truth, that together we may praise
you and give you glory
through your Servant,
Jesus Christ.**

**All glory and honour are yours,
Father and Son,
with the Holy Spirit
in the holy Church,
now and for ever.**

People: **Amen.**

A wooden cross stands in a field of green grass and blue flowers. The cross is made of two weathered wooden beams. The background is a soft-focus field of green grass and blue flowers. In the foreground, there is a rectangular inset with a textured, parchment-like background. The text 'THE LORD'S PRAYER' is written in a large, bold, serif font. Above and below this text are faint, cursive script fragments, including 'who art' and 'and forgive'.

THE
LORD'S
PRAYER

Lord's Prayer

(Songs of a Gospel People)

Our Father, who art in heaven,

Hallowed be thy name,

Thy kingdom come,

thy will be done on earth

as it is in heaven.

Give us this day, our daily bread,

and forgive us our trespasses,

**as we forgive them,
that trespass against us.
And lead us not into temptation,
but deliver us from evil;
For thine is the kingdom,
and the power and the glory,
for ever and ever. Amen**

Breaking of The Bread ~ Lent

Celebrant: **We break this bread,**

All: **Communion in Christ's
body once broken.**

Celebrant: **Let your Church be the wheat
which bears its fruit in dying.**

All: **If we have died with him,
we shall live with him;
if we hold firm,
we shall reign with him.**





**The gifts of God
for the
People of God.**

People: **Thanks be to God.**

*Lamb of
God
(JMT)*



Verse 1

Cantor: **Lamb of God,
you take away
the sin of the world,
have mercy on us.**

All: **Lamb of God,
you take away
the sin of the world,
have mercy on us.**

Verse 2

Cantor: **Lamb of God,
you take away
the sin of the world,
have mercy on us.**

All: **Lamb of God,
you take away
the sin of the world,
have mercy on us.**

Verse 3

Cantor: **Lamb of God,
you take away
the sin of the world
grant us grant us peace.**

All: **Lamb of God,
you take away
the sin of the world,
grant us grant us peace.**





Come ^{to} the Table

**ALL ARE WELCOME AT THE TABLE,
IT IS JESUS WHO INVITES YOU.**

**Please stay physically distanced when
approaching to receive the bread.**

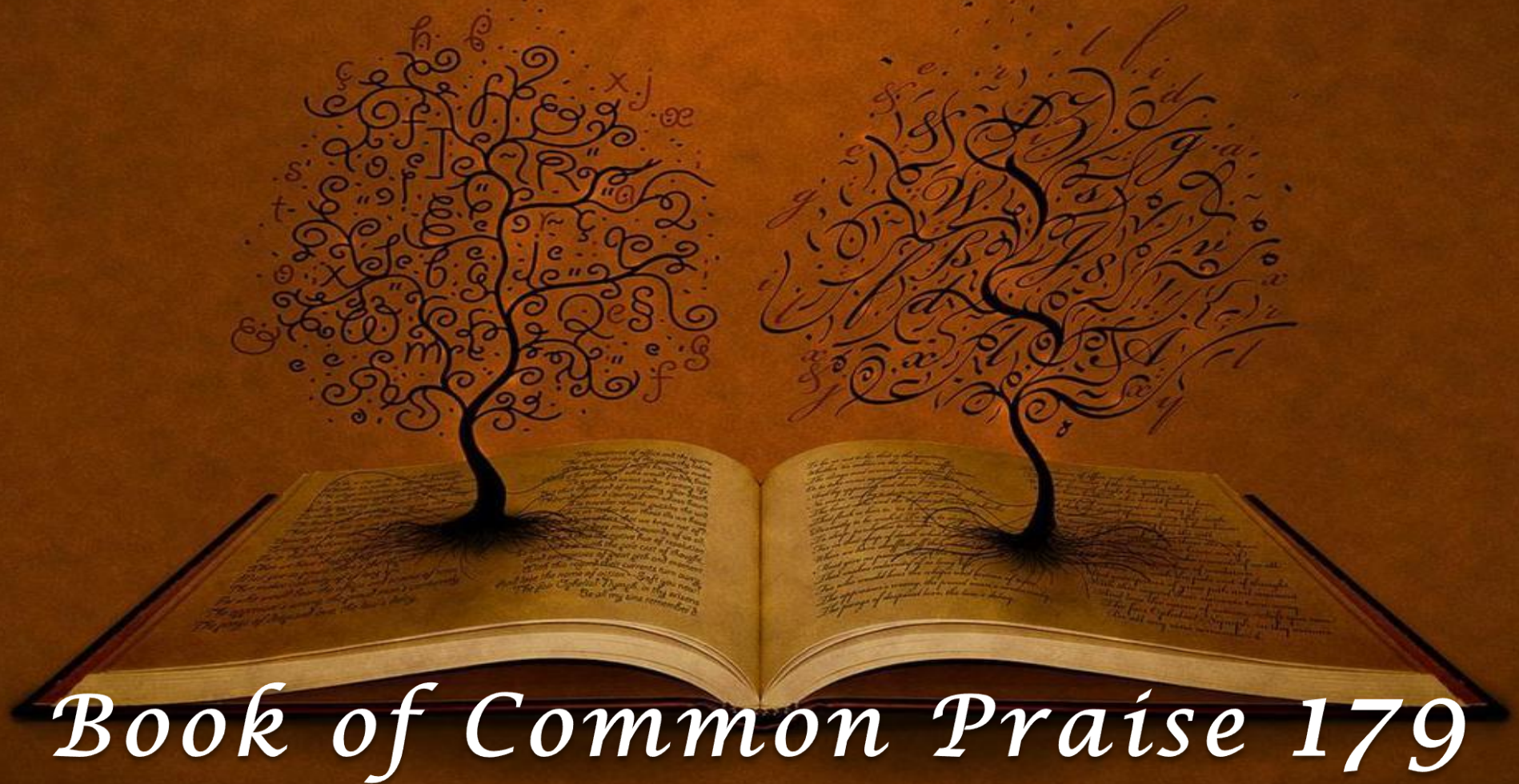
**After receiving your wafer,
please step to the side and remove your mask
before consuming the bread.**

Gluten free wafers are available.

Communion Hymn



Tree Of Life and Awesome Mystery



Book of Common Praise 179

Verse 3

**We remember truth once spoken,
Love passed on through act and
word;
Every person lost and broken
Wears the body of our Lord,
Wears the body of our Lord.**

Verse 5

**Christ, you lead and we shall follow,
Stumbling though our steps may be;
One with you in joy and sorrow,
We the river, you the sea,
We the river, you the sea.**

We Say Together the Prayer After Communion:

**God of our pilgrimage,
we have found the living water.
Refresh and sustain us as we go
forth on our journey,
in the name of Jesus Christ,
the Lord. Amen.**

The Doxology

Celebrant: **Glory to God,**

People: **whose power, working in us,
can do infinitely more than
we can ask or imagine.**

**Glory to God from
generation to generation,
in the Church and in
Christ Jesus, for ever and ever.
Amen.**



THE BLESSING

Jesus Shall Reign
Book of Common Praise

383



Verse 1

**Jesus shall reign
where'er the sun
Doth its successive journeys run;
His kingdom stretch
from shore to shore,
Till moons shall wax and wane no
more.**

Refrain

**He shall reign in glory,
crowned with grace and might
Bless His name and praise our
sov'reign King!**

**He shall reign forever
with his chosen Bride,
And all the Earth shall sing that Jesus
is the King!**

Verse 2

**People and realms
of every tongue
Dwell on His love with sweetest
song;
And infant voices
shall proclaim
Their early blessings on His Name.**

Refrain

**He shall reign in glory,
crowned with grace and might
Bless His name and praise our
sov'reign King!**

**He shall reign forever
with his chosen Bride,
And all the Earth shall sing that Jesus
is the King!**

Verse 4

**Let every creature
rise and bring
Peculiar honours to our King;
Angels descend
with songs again,
And earth repeat the loud Amen!**

Refrain

**He shall reign in glory,
crowned with grace and might
Bless His name and praise our
sov'reign King!**

**He shall reign forever
with his chosen Bride,
And all the Earth shall sing that Jesus
is the King!**



The Dismissal





This Train is Bound for Glory

This train is bound for glory, this train

This train is bound for glory, this train

This train is bound for glory,

Don't carry nothin' but the righteous

and the holy

This train is bound for glory, this train.

(Repeat)

O When the Saints

**Oh when the Saints, go marching in
Oh when the Saints go marching in
Oh Lord, I want to be in that number,
When the Saints go marching in.**

(Repeat)

Swing Low

**Swing low, sweet chariot,
Comin' for to carry me home.**

**Swing low, sweet chariot,
Comin' for to carry me home.**

(Repeat)

Will the Circle Be Unbroken

Will the circle be unbroken?

By and by Lord, by and by

There's a better home awaiting

In the sky Lord, in the sky.

(Repeat)

This Little Light

This little light of mine,

I'm gonna let it shine

This little light of mine,

I'm gonna let it shine

This little light of mine,

I'm gonna let it shine

Let it shine let it shine let it shine.

(Repeat)





Thank You
FOR BEING HERE TODAY!